

Optilait-2: Advanced follow-on formula for 6 to 12 months

Composition	Unit	Powder/100g	Prepared/100ml:15g powder
Total Calories	Kcal	502	75.3
Total Carbohydrates	g	52	7.8
Total Protein	g	15	2.25
Hydrolysed Whey Protein	g	9	1.35
Casein	g	6	0.9
Total Fat	g	26	3.9
(W3) Linolenic Acid	g	0.3	0.045
(W6) Linoleic Acid	g	3	0.45
Milk Fat	g	15	2.25
Vegetable Fat	g	6	0.9
Saturated Fatty Acid	g	2.1	0.315
MUFA	g	2	0.3
PUFA	g	0.6	0.09
Trans Fatty Acid	g	0.4	0.06
Cholesterol	mg	20	3
Fructooligosaccharides(FOS)	g	0.5	0.075
Galactooligosaccharides(GOS)	g	4.5	0.675
Vitamins			
Vitamin A	IU	390	58.5
Vitamin C	mg	50	7.5
Vitamin D	mcg	6.2	0.93
Vitamin E	mg	5.2	0.78
Vitamin K	mcg	30	4.5
Thiamine	mg	0.7	0.105
Riboflavin	mg	1	0.15
Niacin	mg	4.5	0.675
Vitamin B ₆	mg	0.4	0.06
Folic Acid	mcg	110	16.5
Vitamin B ₁₂	mcg	1	0.15
Pantothenic Acid	mg	3.2	0.48

Biotin	mcg	14	2.1
Choline	mg	60	9
Minerals			
Calcium	mg	560	84
Copper	mcg	300	45
Iodine	mcg	90	13.5
Iron	mg	7	1.05
Magnesium	mg	50	7.5
Manganese	mg	0.085	0.012
Phosphorous	mg	280	42
Selenium	mcg	15	2.25
Zinc	mg	3.5	0.525
Potassium	mg	500	75
Sodium	mg	200	30
Chloride	mg	330	49.5
Other nutrients			
Taurine	mg	40	6
Inositol	mg	30	4.5
Nucleotides	mg	15	2.25